

Vitamin Summary Sheet

Analyses available

Vitamin A
 Vitamin B1
 Vitamin B2
 Vitamin B6
 Vitamin C
 Vitamin D
 Vitamin E
 Carotenoids

Address for specimens

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(From 1st April 2011)

Vitamin	Specimen type	Storage	Transport	Cost (excluding VAT)
A	At least 50uL of serum, lithium heparin or EDTA plasma protected from light	Separate serum / plasma asap and freeze	First class post ambient temperature	£12.50 (Combined assay with Vitamin E = £22.00)
B1	At least 50uL of EDTA or lithium heparin whole blood	Freeze asap after collection	First class post ambient temperature	£19.00
B2	At least 50uL of EDTA or lithium heparin whole blood (for urine Vit B2 screen, contact lab)	Freeze asap after collection	First class post ambient temperature	£23.99
B6	At least 50uL of EDTA or lithium heparin whole blood protected from light	Freeze asap after collection	First class post ambient temperature	£19.00 (Plasma vitamin B6 = £35.00)
C	500uL (100uL for child) lithium heparin plasma, treated with MPS	Separate plasma asap, treat with MPS and freeze	Send frozen in dry ice or use ice packs to maintain sample in frozen state during transit	£29.00 (Includes CRP assay and MPS preservation tube)
D	At least 50uL of serum, lithium heparin or EDTA plasma	Separate serum / plasma asap and freeze	First class post ambient temperature	£10.99 (Combined with Vitamin A+E = £29.00)
E	At least 50uL of serum or plasma protected from light	Separate serum / plasma asap and freeze	First class post ambient temperature	£12.50 (Includes lipids) (Combined assay with Vitamin A = £22.00)
Carotenoids	At least 100uL of serum or lithium heparin plasma protected from light	Separate serum / plasma asap and freeze	First class post ambient temperature	£39.99 (Full screen) £16.99 (B-carotene)